

SREE NARAYANA GURUKULAM
COLLEGE OF ENGINEERING,
KADAYIRUPPU



NSS SNGCE
UNIT NO 569



GENERAL ORIENTATION
18/09/2020

A general orientation about National Service Scheme was given to the volunteers. It is a three hour program conducted on virtual mode.

Sree Narayana Gurukulam College Of Engineering, Kadayiruppu



NATIONAL SERVICE SCHEME
Unit 569

General Orientation ON NSS



ORIENTATION PROGRAM

DATE:02/10/2020

NSS Orientation Program was organized virtually on 2nd October. It was conducted by Mr. Blesson Paul. Provide knowledge on NSS programs, activities, organizing NSS camps and special camps. Impart comprehensive knowledge on youth development activities, Team Building, Leadership, Developmental issues. All first year volunteers are participated in this event.

 **NATIONAL SERVICE SCHEME**
UNIT NO:569
 **SNGCE**
Beyond Engineering
A NAAC Accredited Institution

Sree Narayana Gurukulam College of Engineering

Orientation Programme



Mr. Blesson Paul
Field officer APJKTU NSS CELL
IT Manager (KLM GROUP)

DATE: **02 OCTOBER 2020** PLATFORM: **GOOGLE MEET** TIME: **09:30 AM**



YOGA DAY

20/06/2021

On 20th of June a session about yoga was taken by Mr. N M Rajendran in accordance with Yoga Day. Yoga asanas were shown by the trainer. He also taught as history, benefits, the way of doing them . The exercises are good

and useful to the students. All the students were excited and energetic. Teacher and students had shown us Yoga by following the instruction given by the trainer. We all celebrate the day with a lot of eagerness and joy

NATIONAL SERVICE SCHEME

unit no : 569

Yoga

day session led by

June

20



Mr. N M Rajendran
(Secretary, Yoga Association of Ernakulam)

Time : 8:30 am
on

 **Google meet**



ANTI-DRUG AWARENESS SESSION

27/06/2021

The drug is a substance that can cause the death of an organism if taken more than the dosage. It causes a change in the physiological and psychological structure of the organism when it is consumed. There are various mediums through which one can intake or consume drugs like smoking, inhalation, injection, etc. A session about the disadvantage of drugs and the impact of drugs were given to the students.



SNGCE NSS UNIT 569

Sree Narayana Gurukulam
College of Engineering

ANTI DRUG AWARENESS

ON JUNE 26



ONAM CELEBRATION

22/08/2021

On accordance with Onam small game sections are conducted , which provides the volunteers to illustrate their state and tradition.

HAPPY Onam



**SNGCE NSS UNIT
569**



OSM TRAINING

18/08/2020

A general class about open street mapping was given to the volunteers. It was done virtually.



 (30)



ABHAY KRISHNA KJ



Amal Babu K C



Anakha P S



Anly Paul George



A lot of people are here



TEACHER'S DAY

05/09/2020

We the students of the NSS unit of SNGCE celebrated teacher's day on 5th September, 2021. Students expressed their gratitude and appreciation for their teachers on this day. The day is dedicated to Dr S Radhakrishnan whose birthday as a tribute has been observed as teacher's day.

The celebrations took place in an online medium. The teachers of various departments were present and the students were able to convey their respect and admiration to the teachers. The teachers shared their thoughts and spoke a few words to the students.

SREE NARAYANA GURUKULAM COLLEGE OF ENGINEERING



UNIT-569

Teacher's Day Quiz Competition

On Sept 5th

**"The influence of teachers extends
beyond the classroom, well into the
future." – F. Sionil Jose**



QUIZ COMPETITION

05/09/2020

As a part of Teachers day activities conducted on September 5th, the NSS unit of SNGCE held a quiz competition based on the day.

The questions were distributed to all NSS members using google forms. Ten students were selected for a final round and cash prizes for the first, second and third place were given.



**SNGCE
NSS UNIT**



Congratulations

Teacher's Day Quiz Competition

1st Prize



Nandu Siju
4th yr Civil

2nd Prize



Devika Sudheer
4th yr Civil

3rd Prize



Hima Eldho
3rd yr CS

NSS DAY CELEBRATION

24/09/2021

On the 24th of September 2021 the NSS unit of SNGCE had a NSS day celebration. The previous NSS batch were invited to gather with the current batch. In the meeting, the members of the previous batch were able share their memories while they were in the unit. The get-together ended with everyone singing the NSS song.

ESSAY WRITING COMPETITION

15/10/2021

On October 15th 2021, the NSS unit of SNGCE held an essay writing competition.

The students were asked to write an essay on the topic 'Creating a World Worth Living'. Submissions were read and first, second and third place were given.

Creating a World Worth Living

Creating a World Worth Living

- Avani Dineshan Kadoor N3

Life as we know it is one of the biggest blessings we have. The world we live in is a whole mix of opportunities and we tend to be adventurous to know the world. But at times we tend to get attached to the materialistic aspects in the world which leads us astray. Humans, being a social animal yet have prioritised these materialistic goods over their fellow human beings.

In this technology driven fast world everyone tends to forget how to appreciate what makes us human. We forget to just stop and take a huge breath and look around and appreciate everything else other than materialistic things that the world offers us. The race to reach to some stage in life goes on like a cycle in our lives. From birth to school then to college and to a job and so on. In the race for independence of an individual we forget we are a dependent species and we need more than just money-oriented things. We lack compassion and empathy to our fellow beings. We become selfish with least moral values accustomed to only a small circle of loved ones. For instance a road accident takes place and at the least no one goes to help the victim rather they all just ignore it so as to keep themselves safe. Humans are only human by physical form mentally and emotionally humans have been lost.

In Japan one of the largest and most developed economies in the world people have a very fast life. They tend to develop mental sickness due to this fast paced life. And as a break they have tea that they drink in the evening which is taken sip by sip slowly and slows them down. And in that half an hour they give rest to themselves.

Similarly in that way all of us should take a break just like their tea break in between and calm ourselves down from the race and focus on the other things that makes us human.

As one sip leads to another we can look into the other aspects of happiness: compassion, care and empathy towards our family, friends and fellow beings. Maybe ponder about the last time we helped someone or made someone smile or went on a trip or cried or laughed out so loudly with tears in our eyes and a panging pain in our stomach. Rather than only working on the aspect that will only help us let's work on helping others too. Maybe with time sip by sip we make our lives less dependent on receiving money-grubbing things to the satisfaction of the mind and the soul from giving something to others and the world around to the surroundings and the environment.

Mahatma Gandhi once said "If we could change ourselves the tendencies in the world would also change. As a man changes his own nature so does the attitude of the world change towards him.

We need not wait to see what others do." And on this note we learn that if we take a break from the race and look at our surroundings around us and take a step to bring in better for others to exist cordially together then it passes on and hence will make the world a better place for each one of us.

POSTER MAKING COMPETITION

26/01/2021

The NSS unit of SNGCE organized a poster making competition on the 26th of January, 2021 in the light of the Republic of India. NSS members submitted a photo of their beautifully created posters for the same and gifts for the first, second and third place were given.



AUTOMATIC MACHINE

SANITIZER

15/04/2020

An automatic hand sanitizer dispensing machine is automated, non contact, alcohol based hand sanitizer dispenser, which finds it's use in hospitals, work places, offices, schools and much more. Alcohol is basically a solvent, and also a very good disinfectant when compared to liquid soap or solid soap, also it does not need water to wash off since it is volatile and vaporizes instantly after application to hands. It is also proven that a concentration of >70% alcohol can kill Corona virus in hands. Here, an ultrasonic sensor senses the hand placed near it, the Arduino uno is used as a microcontroller, which senses the distance and the result is the pump running to pump out the hand sanitizer. We NSS volunteers helped the work of IEDC SNGCE and SAE for this great work. The work lasted for weeks.



PLANT A TREE CHALLENGE

05/06/2021

At Trees, Water & People, our mission is to improve lives by helping communities to protect, conserve, and manage their natural resources. We NSS volunteers planted trees at their premises in accordance with World Environment Day.

NATIONAL SERVICE SCHEME



June 5 - World Environment Day

SAY NO TO DRUGS

26/06/2021

On this day, a special program was organized by the volunteers.

They took pictures that shows the effect of drugs on youngsters and circulate in social media which make others aware of drugs.

SREE NARAYANA GURUKULAM COLLEGE OF
ENGINEERING



NSS unit no : 569



26 june

WORLD DRUG ABUSE DAY

Say No To Drugs



**BE HIGH ON LIFE,
NOT ON DRUGS**





COLLECTION CAMPAIGN

20/05/2021

Due to heavy rainfall, our state was severely affected by flood. Many people can't stay back at their houses and they were moved to camps.

Our NSS unit also contributed to our people as much as they can. A collection campaign was functioned at our college in which many of our volunteers, other students, teachers and other college officials contributed in the form of money, clothes, food items, sanitary napkins, etc.





OSM INTERNSHIP

19/07/2021 TO 23/07/2021

From 19th of July to 23rd July a five days internship was conducted for NSS volunteers about digital mapping on Open Street Mapping. The internship was taken by Ms. Deepa. After the session assignments were given to volunteers every day.



SREE NARAYANA GURUKULAM COLLEGE OF ENGINEERING



KTU NSS CELL unit no : 569

OSM GEO MAPPING INTERNSHIP

Trainer



From 19 to 23 July
Time : 5 pm



Google Meet

Deepa



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Harikrishnan A R

(46)



Amaldev Shaji



Anakha P S



Anandhakrishnan G



Anoop Varkey



Ansu Johny



7 DAY CAMP

21/06/2021

June 21st was the first day of our virtual camp. We started in the morning at 7 am with the assembly. The NSS song was sung by one of our volunteer and then we proceeded to discuss about the activities that we were planning to do in those seven days. The inauguration function followed at 6pm in the evening. The main guest was our Principal and among the other faculties present were several teachers from various departments. After the inaugural function, the group was divided into 7 teams and each team had to perform cultural activities to encourage other volunteers. The meeting ended at 8pm.

← About this call

People

Info

IN CALL

- Feba Anna Baiju (You)
- Abhinave P Saji
- Abhishek km
- akshay Ashok
- Akshay Joshy
- aLaN
- Anakha PS
- Anandu Sukumar
- Anly Paul George
- Aparna Jayaprakash
- Arun P Madhu
- Arya VP
- Devika Mahesh
- Febiya Shaji
- Firoz Mohamed
- Harshal T
- Naveenkumar A S
- Sadeed V
- Sonu Balan
- SOORAJ P S
- Sreelal K U
- Sriram Susheer p
- Sriram Susheer p
- Sruthi Santhosh

Deepa p.g stopped sharing their screen

DAY 2 : 22/06/2021

On the second day of our camp, we started the meeting at 7 am with the morning assembly. The NSS song was sung by our volunteer and after a discussion of the second day activities, we concluded the meeting. At 6 pm in the evening we joined for our seminar session . Dr. V Sanal Kumar who had received the state and national award for 'Best Teacher' took a class on 'Leadership and goal setting'. Leadership goals are important because they help leaders decide what their priorities should be. When you create goals with your team in mind, you can work toward being a more efficient and effective leader. Goals can help you meet company expectations and give you the skills to help your team grow in their roles. Leaders who are goal-oriented tend to have a better direction for where their team is going and reflect more on their own performance .Afterwards a small game section was conducted and the meeting was brought to a close.

DAY 3: 23/06/2021

On the third day of our camp, we joined together using Google meet at 7 am in the morning. Then we had our morning assembly with the NSS song and discussed about our evening session. The previous days report was discussed and we ensured that volunteers were happy with the program procedures. Then at 6 in the evening we had a session on 'Disaster Management' by Mr. Rakesh M K, our senior from the mechanical department. Disaster management aims to reduce, or avoid, the potential losses from hazards, assure prompt and appropriate assistance to victims of disaster, and achieve rapid and effective recovery. Then an icebreaking section was conducted and the meeting was concluded at 8 pm.

DAY 4 : 24/06/2021

On the fourth day of our camp, we joined together using Google meet at 7 am in the morning. We held the morning assembly with the NSS song and discussed about the evening session. The previous days report was discussed. Then at 6 in the evening we had a session on 'Digital India' by Mr. Thambi. Digital India is a campaign launched by the Government of India to ensure the Government's services are made available to citizens electronically by improved online infrastructure and by increasing Internet connectivity or making the country digitally empowered in the field of technology. The meeting was concluded by 8 pm.

DAY 5 : 25/06/2021

On the fifth day of our camp, the meeting started at 7 am in the morning. We held the morning assembly with the NSS song and discussed about the evening session. The previous days report was discussed. Then at 6 in the evening we had a session on 'Yoga and Meditation' by Mr. Anilan. When practiced together, yoga and meditation strengthen the connection between mind and body, thereby improving overall fitness and wellbeing. The meeting was concluded by 8 pm.

DAY 6 : 26/06/2021

26th of June was the sixth day of our camp. We conducted assembly in the morning at 7 am. NSS song was sung by one of our volunteers. We proceeded to discuss about the programs that had to be conducted in the evening and dispersed the assembly. At 6 pm we met for the evening session. Dr. V Sanal Kumar took a class on the topic ' Our Heritage' .Heritage is the full range of our inherited traditions, monuments, history and culture. Most importantly, it is the range of contemporary activities, meanings and behaviors that we draw from them. Heritage includes, but is much more than preserving, excavating, displaying, or restoring a collection of antiques.

After the class we conducted a small game session on and ended the meeting.

DAY 7 : 27/06/2021

27th was the last day of our camp. We started with our NSS song. Gave special thanks to each and every NSS volunteers for making these seven days beautiful and entertaining.

Everyone shared their personal experiences during this camp period. We have selected our best camper of the year. Some have great experiences in those days and they shared their thoughts and experiences with us.